

## Psalms 41

### *Benevolence to the Poor Brings Safety*

- <sup>1</sup> Blessed are those who have regard for the weak;  
the LORD delivers them in times of trouble.
- <sup>2</sup> The LORD protects and preserves them—  
they are counted among the blessed in the land—  
he does not give them over to the desire of their  
foes.
- <sup>3</sup> The LORD sustains them on their sickbed  
and restores them from their bed of illness.
- <sup>4</sup> I said, “Have mercy on me, LORD;  
heal me, for I have sinned against you.”
- <sup>5</sup> My enemies say of me in malice,  
“When will he die and his name perish?”
- <sup>6</sup> When one of them comes to see me,  
he speaks falsely, while his heart gathers slander;  
then he goes out and spreads it around.
- <sup>7</sup> All my enemies whisper together against me;  
they imagine the worst for me, saying,  
<sup>8</sup> “A vile disease has afflicted him;  
he will never get up from the place where he lies.”
- <sup>9</sup> Even my close friend,  
someone I trusted,  
one who shared my bread,  
has turned against me.
- <sup>10</sup> But may you have mercy on me, LORD;  
raise me up, that I may repay them.
- <sup>11</sup> I know that you are pleased with me,  
for my enemy does not triumph over me.
- <sup>12</sup> Because of my integrity you uphold me  
and set me in your presence forever.
- <sup>13</sup> Praise be to the LORD, the God of Israel,  
from everlasting to everlasting.  
Amen and Amen.